

# Infection Prevention for Care Homes

Did you know, more than four million people acquire a healthcare-associated infection (**HCAI**) every year in Europe.

HCAIs pose a serious risk to staff, residents, and visitors in care and nursing home environments. Please follow these guidelines to help prevent the spread of infections.



Ensure the care area is kept clean and dry



Change disposable gloves and aprons between residents



Safely dispose of sharps directly into a sharps container



Make rooms easy to clean by limiting clutter



Always wash hands before eating and after using the toilet



Do not sit or lie on resident beds



Cover your mouth and nose when coughing and sneezing



Do not touch wounds or dressings



Safely clean up spillages of blood and body fluids



Ensure cuts and grazes are covered with waterproof dressings