

Infection Prevention for Residents

Did you know, more than four million people acquire a healthcare-associated infection (**HCAI**) every year in Europe.

HCAIs pose a serious risk to staff, residents, and visitors in care and nursing home environments. Please follow these guidelines to help prevent the spread of infections.



Cover your mouth and nose when coughing and sneezing



Always wash hands before eating and after using the toilet



Speak up if you have any concerns



Take medication and antibiotics exactly as prescribed



Make your room easy to clean by limiting clutter



Do not share personal items or toiletries



Do not touch your wounds or dressings



Bath or shower daily and wash your hair regularly



Wear slippers and remove before getting into bed



Do not sit on other resident beds

