## Infection Prevention for Carers

Did you know, more than four million people acquire a healthcare-associated infection (HCAI) every year in Europe.

HCAIs pose a serious risk to staff, residents, and visitors in care and nursing home environments. Please follow these guidelines to help prevent the spread of infections.



Wash hands thoroughly before and after attending to residents



Change disposable aloves and aprons between residents



Ensure residents wash hands before eating and after using the toilet



Safely dispose of sharps directly into a sharps container



Ensure the care area is kept clean and dry



Safely clean up spillages of blood and body fluids



Cover your mouth and nose when coughing and sneezing



Safely handle used or soiled linen



Follow product instructions on disinfectant solutions



Ensure cuts and grazes are covered with waterproof dressings





Source: www.who.int